

## Athlete Application Questions and Guidance Notes

Detailed below are all the questions that you will be asked within the application form.

The text in **green** provides some guidance on the types of answers that we are looking for.

### Athlete Details

Name	
Gender	
DOB	
Address	
Email	
Mobile Phone	
School /College/Uni currently attending	
Job Title	Please include any part time or voluntary roles that you may be involved in.
Company name that you work for	
Facebook	
Twitter	
Instagram	
Do you have a disability? Please provide details	
<b>Please complete this section if you are under 18</b>	
Name of Parent / Carer	
Relationship to athlete	
Email	
Mobile Phone	

## Sport Information

Which sport do you do?	If you do more than 1 sport, please only include the sport that you are competing in at the highest level.
What discipline(s) do you compete in?	For example, if your sport is Athletics, your discipline may be Long Jump
What age group do you currently compete in?	For example, U17, U20, Senior
Do you have a national ranking?	If yes, please state what it is
Do you have a world ranking?	If yes, please state what it is
Which major event is your sport involved in?	<p>Please only include the following major events:</p> <ul style="list-style-type: none"> <li>- Summer Olympic/Paralympic</li> <li>- Winter Olympic/Paralympic</li> <li>- Commonwealth Games</li> </ul> <p>If the event that you do is not in any of these events, then please state <b>NONE</b>. It is unlikely that your application will be successful if you have stated NONE.</p>
How long have you been competing?	Please state how many years you have been competing in your sport
What motivates you to do your sport?	Please tell us what the key factors are that make you want to do your sport
Name of club	
Coach Name	
Coach Email	
Coach Phone	



## Performance History

This section is about what you have achieved in the **past 12 months**

In the last 12 months have you:		Age Group		Senior		Please give further details
		Yes	No	Yes	No	
Won a national championship medal?						Please state the name of the event and the month it happened
Been selected by your National Governing Body to compete internationally?						Please state the name of the event and the month it happened
Been selected onto a National Governing Body Performance Programme?						Please state the name of the programme and the type of support you receive
Please provide details of your 3 best competition performances over the past 18months						
Name of Competition	Date of Competition	What event did you compete in?		What was your result?		
				Please state your position – e.g. 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> etc		
What is your current personal best?	This could be a time, distance or finishing position					

## Performance Targets

This section is about what you are aiming to achieve in the **next 12 months** and beyond

	Goal 1	Goal 2	Goal 3		
What are your 3 main individual development goals for the next 12 months?	These goals are <b>not</b> about competition – they are about individual development areas. For example, <u>to increase the flexibility of my shoulders so that my backstroke is more fluid.</u>				
What are your 3 main long-term goals?	These goals are related to targets that you have over the next 2 – 8 years. For example: By 2022, have a UK ranking within the top 10 as a senior By 2024, achieve selection onto GB team By 2026, compete at Commonwealth Games				
In the next 12 months are you aiming to achieve any of the following?	Age Group		Senior	Please give further details	
	Yes	No	Yes		No
Win a national championship medal?					Please state the name of the event and when it is happening
Be selected by your National Governing Body to compete internationally?					Please state the name of the event and when it is happening
Gain selection onto a National Governing Body Performance Programme?					Please state the name of the programme of when the selection is likely to take place
Please provide details of your 3 main competitions for the next 12 months					
Name of Competition	Date of Competition	Who will you compete for?	What event will you do?	Expected result	
		This could be your club, county, England, GB etc			
Are you aiming to compete at any of the listed major events?				Yes	No
Tokyo Olympic/Paralympic Games 2020					
Beijing Winter Olympic/Paralympic 2022					
Birmingham Commonwealth Games 2022					
Paris Olympic/Paralympic Games 2024					
2026 Commonwealth Games					
2026 Winter Olympic/Paralympic					
LA Olympic/Paralympic Games 2028					

## Further Information

Please use this section to provide as much detail as possible to support your application

Please provide any further information to support your application?	
Please provide the contact details from someone within your National Governing Body to verify your application. This should be someone within your NGB who knows who you are and is able to verify your application. If you do not have contact with a national member of staff, please insert the details of your club coach.	
Name	
Position	
Email	
Phone	

If you have any questions regarding this application, please contact us on:

[info@derbyshireis.co.uk](mailto:info@derbyshireis.co.uk)